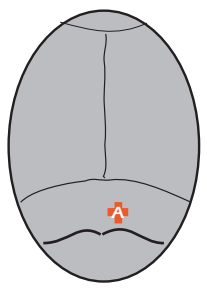


A CANCER



FAMILY



A E K A



A. HARA Scarlet Strength

The Hara is your centre, your source. The mystics have known this for centuries, but Science discovered it less than a decade ago. In English we refer to it as a gutfeeling, the Kurri people of Australia call it the Mui, in China it is the Dan Tjien. The Japanese Kamikazi pilots knew that Hara Kiri is the quickest way to permanently leave the body by thrusting a knife four fingers below the navel. You are still capable of flying a plane into an enemy destroyer after doing this.

The Hara consists of fluids, distributed around the Small Intestine, the fluid is made up of compounds identical to those found in the Brain. It is a primal brain that looks after your survival. The right, male eye connects with the hara and has no feelings or emotions associated with it because it is about action and survival. You can connect with the pulse at a distance of four fingers below your navel.

The hara pulses at half the rate of the heart. It is the site of the second chakra, your sex centre and the closest to "I". All "Martial Art" is about being in this centre because if your awareness is there you are "here now". What is there, is what you were before you made your body in your mother's womb. The Mystery, the Unnamable, what Zarathustra referred to as "Bestowing Virtue" and the closest word for this is No-Thingness. It is Life itself.

The electrical circuit of the Hara runs along the left side of the body; the left jaw, the inside of the left hip and the outside left ankle. The Hara produces DC electricity in the bones running from positive to negative, just like a battery. It gives you the strength to move. The circuit is about the father and masculinity and in the negative it produces hatred of male authority.

The Hara's positive/negative states of consciousness are: Strength/Oedipus Complex, Energy/Neurasthenia, No contradiction/Echolalia and Protection/Asthenic Personality. Unexpressed anger is the main problem for the Hara because it blocks your source. You start to run on the fuel you take in and are unable to tap into the inexhaustable supply of existence. This causes bloated beer bellies and yeast infections known as Candida.

The Hara is represented by the Hermit which translates to Aloneness in the Osho Zen Tarot. In the female eye the Hara circuit checks with the Pons and the Small Intestine. The cards that appear during the moods are the 9's.

In the Chi Chi the Hara circuit connects with the Tongue (Truth) and the Duodenum (Tranquility). In the body the shockpoints in the Hara are: A- Vertebra L3, Left front of skull, E- Tip of nose, K- Bottom left shoulder blade, A- Left outside wrist.

Getting rid of anger is the best thing you can do for yourself during the first half of the time of the Crab. You do it by screaming it out while letting the body cathart in a place where noone can hear you. Osho's Dynamic Meditation is the Rolls Royce for this.

BIO-ELECTRICAL CIRCUITS HARA

RIGHT EYE



AAAA

STRENGTH

A

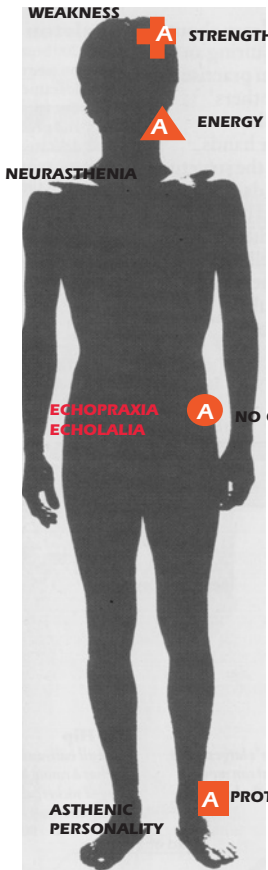
CANCER



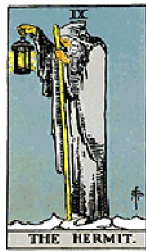
LEFT EYE



AWAO



FRONT



NOBODY LOVES ME
SORROW



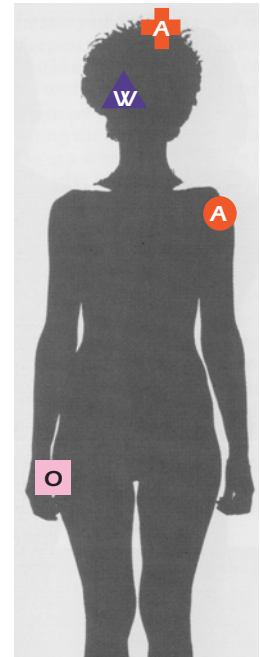
I KNOW WHAT IS GOOD FOR YOU
LAZINESS



FINE IF YOU DO WHAT I WANT
RIPENESS

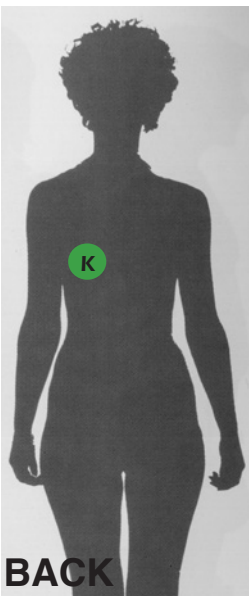


I KNOW HOW TO PROTECT MYSELF
EXHAUSTION

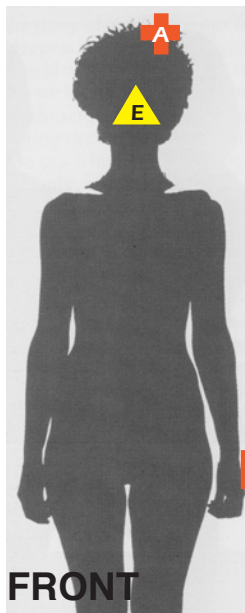


FRONT

Chi Chi A E K A



BACK



FRONT



NOBODY LOVES ME
SORROW



I CAN PLAY WITH REALITY
MOMENT TO MOMENT



WHERE IS MY SOULMATE
FRIENDLINESS



I CAN TAKE WITHOUT ASKING
POLITICS



~~A K K T
W E E J
A K K T
O L L A~~

HARA
STRENGTH
DUODENUM
TRANQUILITY
DUODENUM
TRANQUILITY
ADRENALS
COURAGE